2 SUSTAINABILITY

3 REMEMBERING WHERE WE HAVE BEEN

4 THROUGH INUPIAQ VALUES
   About
   Mission
   Vision
   Our Values

6 THROUGH STRONG LEADERSHIP
   From Leadership
   Board of Directors
   Samuel Simmonds Memorial Hospital Governing Committee

10 THROUGH STATE OF THE ART FACILITIES
   Celebrating Five Years in the New Samuel Simmonds Memorial Hospital
   SSMH Campus Clean-up
   Professional Staff Housing

12 THROUGH QUALITY HEALTH CARE
   Laboratory CAP Accreditation
   Swing Bed Services: Gold Seal Accreditation
   Quality Health Care Provided by Samuel Simmonds Memorial Hospital
   Diabetes Prevention
   Specialty Clinic
   Dental Clinic
   Two is Too Late / Youth Dental Program
   Screening for Life
   Eye Clinic
   Village Health Services
   Physical Therapy
   Social Services Outreach
   Tribal Childcare
   Baby and Me
   Pre-Maternal Home
20 THROUGH PATIENT USE: BY THE NUMBERS

22 THROUGH EMPLOYEE EXCELLENCE
Recognition of Outstanding Employees
Employee of the Year
VA Recognition
Employees Reaching Milestones with ASNA
Growing Our Own
ASNA Leadership Scholarship Awardees
Internship Program Promotes Long-Term Opportunities
Spotlight on Homegrown Talent
A Job Well Done
Long-Standing Housekeeping Supervisor Retires
Facilities Director Retires After Two Decades

28 THROUGH COMMUNITY PARTNERSHIPS
Strong Partnerships
Medical Travel & Funeral Assistance
Screening for Life Outreach
Suicide Prevention: ASNA and NSB Prevention Team Partner
Walking Wednesday
KBRW’s Drive to Thrive
Aviktuaqtigiigñiq | Tis’ the Season of Giving
Prevention as a First Step
Tobacco Cessation
Diabetes Prevention Program Hosts Family Fun Activities
Quyanaq!

34 THROUGH A FIRM FINANCIAL FOUNDATION
Financials

36 CONTACT
SUSTAINABILITY

“A community’s ongoing capacity and resolve to work together to establish, advance, and maintain effective strategies that continuously improve health and quality of life for all.” — CDC

HISTORY OF MEDICAL SERVICES ON THE NORTH SLOPE AND THE ARCTIC SLOPE NATIVE ASSOCIATION

1890 – Professor Leander Stevenson, the first Presbyterian Missionary, taught, provided medical care, and ministered.

1897 – Dr. Horatio Marsh first arrived in Barrow and later formed the first church in 1889.
SUSTAINING BY REMEMBERING WHERE WE HAVE BEEN

Sustaining the growth and well-being of the people of the Arctic Slope is not possible without taking a look back at what got us to this point. This gives a chance to reflect on misgivings and celebrate the many successes. At the beginning of ASNA, Joe Upicksoun stated, “At ASNA, our mission and our instructions come from our people. One: we were to protect our land. Two: we were to bring in quality education. Three: we sought a basic improvement in housing. Four: we needed an improved health care delivery system for the people of all of our villages.” (1993, Hess) Over fifty years later, all four goals have been reached and are being sustained through resiliency and determination by many organizations across the North Slope of Alaska. Although our mission has changed, ASNA now promotes the health and well-being of the people of the Arctic Slope. Through the timeline at the bottom of this Annual Report, you will share in the challenges and successes of ASNA and the history of health care on the North Slope.

FROM 1993 ANNUAL REPORT

“The development of ASNA requires a lot of work and dedication from many people. I would like to thank the ARSC Board of Directors, the North Slope Borough Assembly, and all the organizations whose continued support is necessary for the progress of ASNA. I would also like to extend a personal challenge to all present and past Board Members and supporting organizations to continue their support of the efforts of ASNA towards bringing local control of federal programs to this region.”

Sincerely,

Joseph Upicksoun, President Board of Directors

1907 – On May 4, 1907 former President Theodore Roosevelt issued an Executive Order reserving tracts of land at Barrow and other Native villages throughout the Territory not to exceed 40 acres at each location pending survey and segregation by the General Land Office. Tract B of U.S. Survey 2244 containing 3.62 acres at Barrow was designated as a school reserve, and eventually a hospital would be constructed on this site.
ABOUT

ARCTIC SLOPE NATIVE ASSOCIATION (ASNA) is an Alaska Native-owned, non-profit, health and social services organization based in the northernmost region of Alaska, serving the villages of Anaktuvuk Pass, Atqasuk, Kaktovik, Nuiqsut, Point Hope, Point Lay, Utqiaġvik, and Wainwright. Formed in 1965, by original founders Samuel Simmonds, Guy Okakok, Sr., and Charles ‘Etok’ Edwardsen, Jr., ASNA was originally created to help protect the lands of the Arctic Slope region, beginning the process that led to the passage of the Alaska Native Land Claims Settlement Act.

Today, Arctic Slope Native Association (ASNA) manages the Samuel Simmonds Memorial Hospital (SSMH), the only critical access hospital and Level IV trauma center within the region. SSMH has become the center of an increasingly agile health care delivery system that spans the North Slope of Alaska. Our Joint Commission accredited hospital services begin in Utqiaġvik (Barrow) and reach throughout the region.

The facility includes:

» Fourteen (14) outpatient exam rooms
» Four (4) emergency department beds
» Two (2) trauma bays
» Ten (10) inpatient beds, including two (2) Labor and delivery rooms
» Physical Therapy
» CT Scan / DEXA Bone Density Scan
» Specialty Clinics: audiology, cardiology, dental clinic and surgery, diabetes, endoscopy, ENT, eye clinic, gynecology, neurology, ophthalmology, orthopedics, pediatrics, podiatry, Screening for Life, sleep study services, and village health visits.
MISSION
Our mission is to promote the health and well-being of the people of the Arctic Slope.

VISION
The people of the Arctic Slope are healthy and content.

OUR VALUES
ASNA and all operations of the Samuel Simmonds Memorial Hospital are guided by the values of the Iñupiat people of the Arctic Slope:
Qiksiksrautiqágniqt Inuuaqanaun, Allauq, Inuuniagvigmun — Respect for Elders, Others, Nature
Ilagiigniq — Family Kinship and Roles
Aviktuaqatigigniq — Sharing
Iñuuraallaniq — Knowledge of the Language
Paammainagigniq — Cooperation
Piqqakkutiqágniqt — Love and Respect for One Another
Quvianjuniq — Humor
Anuuliaraniq — Hunting Traditions
Niglikkutiqágniqt — Compassion
Qiñuiniq — Humility
Paaqlaktauainiq — Avoidance of Conflict
Ukpiqqutiqágniqt — Spirituality

1921 – Dr. and Mrs. Henry Griest arrive in Barrow, Alaska, and take charge of the new Presbyterian hospital under construction. (Article, “This Hospital 1,000 Miles from Pole”) His wife, Molly, was a nurse. They stayed in Barrow till 1936.

1920s – Molly Griest started the first Mother’s Club. Photo with Anna Bannon, RN in back.
FROM LEADERSHIP

Nancy Rock, Chairperson & Marie Qaqaun Carroll, President & CEO

TODAY, the Arctic Slope Native Association (ASNA) has grown considerably from its early days. We remain a relatively small organization, though mighty in our mission. Over the life span of this organization, we may have changed our mission, form, and undertakings, but we have remained true to our goal—improve the lives of people of the Arctic Slope. We are grateful to the founders of ASNA, as they have helped provide the path for self-determination that has sustained us for over fifty (50) years.

The theme of this year’s annual report is “sustainability”. We are very proud of the Arctic Slope Native Association and its heritage. In this report, you will have a chance to reflect on the many people and events that have made ASNA and health care on the North Slope what it is today. Sustainability is not by chance, but takes the dedication of many people, past and present. ASNA’s sustainability would not be possible without support from our partners across the North Slope and Alaska. The values of the Iñupiat people, strong leadership of our board, state of the art facilities, quality health care, and our outstanding employees sustain the organization so that it will thrive for the next fifty (50) years.

Over the past year, we have seen a considerable increase and improvement in the overall operational strength and patient care of our organization. September 21, 2018 marked an important milestone as we celebrated our fifth (5th) year in the new Samuel Simmonds Memorial Hospital. We also saw the completion of eight duplexes adjacent to SSMH. This project has mutual benefits for the growth of our organization and community.
Building capacity in our village health services has now come to fruition as we have increased the number of visits by our health providers. Our Social Services department has broadened their support in all North Slope communities. Additionally, we now offer more specialty clinics in the villages we serve. All of this to provide quality care without traveling away from home. In response to the growing needs of our people, we have also made significant strides in our efforts to prevent and detect cancers such as lung and colorectal cancer, the leading types of cancer on the Arctic Slope.

In the coming years, this determination for quality and sustainability will not cease. We are committed to providing more care closer to home, improving the patient experience, finding innovative solutions for professional staff housing and more. It is not enough to sustain our services, but we will continue to look for ways to improve the health of our people. We are grateful for the skilled and dedicated people of the Arctic Slope Native Association. We thank them for their commitment and the essential services they provide to the people of the Arctic Slope.

Quyanaq,

NANCY ROCK
Chairperson

MARIE QAAUN CARROLL
President & CEO
Sustaining through STRONG LEADERSHIP

**ASNA**
**Board of Directors**
- **Board Chair**
  - NANCY ROCK
  - Native Village of Point Hope
- **Vice Chair, At Large**
  - BERNICE KAIGELAK
  - Native Village of Nuiqsut
- **Treasurer**
  - MURIEL BROWER
  - Native Village of Barrow
- **Secretary**
  - ISABEL NASHOOKPUK
  - Wainwright Traditional Council
- **Sergeant at Arms**
  - NOREEN KALEAK
  - Native Village of Kaktovik

**Members**
- MOLLY AHKIVGAQ
  - Native Village of Atqasuk
- ANNA NAGEAK
  - Naqsraftiut Tribal Council
- HAZEL KUNAKNANA
  - Native Village of Nuiqsut
- GWENDOLYN PIKOK
  - Native Village of Point Lay

1955 - All Native health facilities and programs are assumed by the U.S. Public Health Service.

THE ASNA BOARD formed a hospital governing committee to specifically guide the Samuel Simmonds Memorial Hospital operations. The governing committee includes tribal council representatives, the ASNA President/CEO, the SSMH Hospital Administrator, the Medical Chief of Staff, and the North Slope Borough Director of Health & Social Services.

Chairperson MURIEL BROWER
Native Village of Barrow

Vice Chair ISABEL NASHOOKPUK
Wainwright Traditional Council

Secretary HAZEL KUNAKNANA
Native Village of Nuiqsut

Members

NOREEN KALEAK
Native Village of Kaktovik

MARIE CARROLL
ASNA President/CEO

RICHARD HALL
SSMH Hospital Administrator

DR. ALANNA SMALL
SSMH Medical Chief of Staff

NICOLE EVANS
North Slope Borough Director of Health & Social Services

October 1965 – Acting under the name Arctic Slope Native Association, Charles Edwardsen, Jr., Guy Okakok and Samuel Simmonds file claim to 58 million acres for the Inupiat people.
CELEBRATING FIVE YEARS IN THE NEW SAMUEL SIMMONDS MEMORIAL HOSPITAL

On September 21, Samuel Simmonds Memorial Hospital (SSMH) marked an important milestone by celebrating ASNA Day and the fifth anniversary in our beautiful facility. Many community members joined us for refreshments and the Midnight Sun Coffee Shop was open for business, introducing their new loyalty card. An important part of this celebration was to promote health and well-being through education. Various ASNA programs presented information as well as the opportunity for participants to receive preventative health screenings.

It was a wonderful event with many guests. Our rich Inupiaq culture and history is reflected in the design of the hospital, its features and service delivery. We look forward to continuing our services for the people of the Arctic Slope as we strive for healthy communities. Happy Fifth Anniversary!

SSMH CAMPUS CLEAN-UP

ASNA Administration sponsored a SSMH campus clean-up day to beautify our campus grounds. Staff at the Aimaagvik (assisted living home) also volunteered to clean the grounds surrounding the senior center. Thank you to all the volunteers who helped keep our land clean!

January 15, 1966 – ASNA’s first slate of officers was selected. Sam Talaak, president; Abel Akpik, vice president; Charles Edwardsen, Jr., vice president; James Nageak, secretary; Fred Kanayurak, treasurer; Samuel Simmonds, executive director; Hugh Nichols, executive director; and Walton Ahmaogak, executive director.

(L to R) James Nageak, Abel Akpik, Samuel Simmonds, Walton Ahmaogak, Sam Taalak, Otthneil Oomituk, and Herman Rexford. (Man behind Ahmaogak and woman at right are not identified.)
ASNA President/CEO Marie Carroll accepted a construction project agreement with the Indian Health Service (IHS) Division of Facilities Planning and Construction (DFPC) to fund housing for professional staff who are employed at the Samuel Simmonds Memorial Hospital in Utqiaġvik. The Title V Construction Project Agreement (TVCPA) with the IHS DFPC was authorized by the ASNA Board of Directors.

As stated by President Carroll, “This is a welcomed and exciting project for our organization. As one of the largest home renters in Utqiaġvik, this project allows us to return rental units back to the community. By returning these units, ASNA will reduce our impact on the local housing market.”

“This agreement is critical to the growth of our organization as we aim to be the best-small hospital in Alaska. The ability to house additional staff is critical to achieving the vision of our organization, that all people of the Arctic Slope are healthy and content,” Carroll also shared.

The funds were provided under Title V of the Indian Self Determination and Education Assistance Act, an act administered by the Indian Health Service. This is a multi-year agreement, which has resulted in four staff quarters that are located off the SSMH campus.


Laboratory CAP Accreditation

The Samuel Simmonds Memorial Hospital laboratory successfully obtained the College of American Pathologists Accreditation. The program is designed to go well beyond regulatory compliance; it also helps laboratories achieve the highest standards of excellence to positively impact patient care. With this accreditation, the SSMH lab is a high standard lab and provides patients the best care possible.

Swing Bed Services: Gold Seal Accreditation

The program allows the hospital to provide in-house post-surgical care and physical therapy for patients, which means they do not have to travel to or remain long-term at a hospital outside of Utqiagvik for continuing care.

“We continue to meet the highest standards of excellence within healthcare, with a goal to expand our services and increase access within our region,” said Richard Hall, hospital administrator. The accreditation followed an unannounced on-site visit in December 2017 by commission surveyors who evaluated the hospital’s compliance with swing bed standards of care. The commission is the largest and oldest accrediting body in the national health care system and has evaluated more than 20,000 health programs and facilities in the country. The Arctic Slope Native Association, which operates SSMH, hopes to continue to diversify and expand its health care operations.

Sustaining through QUALITY HEALTH CARE

March 6, 1969 – Attorney Fred Paul urges ASNA to create a borough to protect subsistence lands.
QUALITY HEALTH CARE PROVIDED BY SAMUEL SIMMONDS MEMORIAL HOSPITAL

Diabetes Prevention

Samuel Simmonds Memorial Hospital (SSMH) Diabetes program in conjunction with Alaska Native Tribal Health Consortium (ANTHC) hosts a Diabetes Clinic at SSMH. The clinic offers services from a medical provider, nurse practitioner, dietitian, pharmacist, podiatrist, diabetes educator, and physical therapist. This clinic is offered quarterly every year with an effort to ensure that all of our diabetic patients across the North Slope receive the best possible care.

Specialty Clinic

The Samuel Simmonds Memorial Hospital Specialty Clinic offers a variety of clinics for residents of the Arctic Slope. The following clinics are available: Arthritis, Audiology, Cardiology, Ear Nose and Throat, General Surgery, Screening for Life, Neurology, Ophthalmology, Orthopedics, Sleep Study, Pediatric Cardiology, Pediatrics, and the annual Liver Clinic. We have started offering treadmill stress tests as well.

FROM THE 1998 ANNUAL REPORT

Last summer, we applied for and received a grant to improve our service to diabetic patients. The funds are being used to increase opportunities for patients to receive diabetic counseling and education. We now have a Diabetic Coordinator who will be working to reach more patients when we hold clinics with a physician who specializes in the care of diabetic patients.

FROM 1996 ANNUAL REPORT

“...pharmacy, appointments, specialty clinics, physician requests, and internal review requests on an as needed basis.”

FROM THE 2001, İṈUUṈIAĠṈIQ: ART OF LIVING

The Specialty Clinic has seen great improvements in continuity of care and consumer confidence. We have increased services and have increased the number of patients seen by over 20% this same time last year. The main goal of the specialty is to allow patients to see a skilled medical specialist here in our community without traveling.
During this year, we expanded the services available at our Hospital and have added the Dental Clinic and the Eye Clinic to the ASNA family of health programs after being transferred from the North Slope Borough.

**Dental Clinic**

Good dental health is an important indicator for overall health and well-being. Samuel Simmonds Memorial Hospital’s state-of-the-art dental care and practices help guard against disease and physical ailments in our communities.

Services include:

- Dental examination, periodic and emergency
- Preventive services, such as oral health and nutrition counseling, cleanings, sealants and more
- Restorations and routine oral surgery, including removal of most wisdom teeth
- Services for limited root canal therapy, crowns, bridges, and dentures are available in the hospital

Samuel Simmonds Memorial Hospital Dental Clinic offers dental services for patients of all ages. These services extend to the village clinics of Atqasuk, Kaktovik, Nuiqsut, Point Lay and Wainwright. They include dental examination, cleaning, restoration and surgery.

**Two is Too Late / Youth Dental Program**

By the age of two, 44% of American Indian and Alaskan Native children in the United States have already experienced cavities. Because of this, SSMH Dental promoted the ‘Two is Too Late’ Program. This program was offered on Fridays at the SSMH Dental Clinic where dental staff were available to complete a dental screening, fluoride varnish, and provide dental products to help children have a healthy smile.

October 1970 – ASNA withdraws from the Alaska Federation of Natives (AFN) because proposed legislation would distribute land and money based on population.

December 1970 – ASNA returns to AFN after a compromise is reached with the new leadership of Don Wright. The final legislation reflects ASNA’s position that the largest regions will receive the most land and money, regardless of population. The compromise also includes a clause that a percentage of revenue generated by each region will be shared among the rest of the regions.
Screening for Life | Girl’s Night Out

In recognition of National Breast Cancer Awareness Month, SSMH Medical Imaging and the ASNA Screening for Life Program hosts ‘Girls Night Out’ event to engage and involve the community in the fight against breast and cervical cancer. We want to commend Screening for Life for a spectacular event! One participant stated, “Kudos to everyone who made ‘Girls Night Out’ such a fun time!”

Girls Night Out was a huge success with 40 screenings performed during the event. Many more were scheduled to accommodate the demand. There were over 150 women and young ladies at the event with many activities to make it a fun evening.

Many thanks go out to the 25 members of the ASNA staff and volunteers who ran the event. Several providers were present in addition to our imaging department who stayed busy the entire evening. We also had great support from our kitchen, facilities, registration, and our housekeeping/floor staff. There has been so much support and participation for this event that discussions are already taking place for a Spring Event.

FROM THE 1994 ANNUAL REPORT

We are providing the NSB with a 5-year, $300,000 a year Mammography and Cervical Cancer program from the HHS.

July 16, 1971 – ASNA leaders, realizing that a borough would have taxing and planning authority, file a petition with the state to create the North Slope Borough.

August 26, 1971 – The Inupiat Community of the Arctic Slope (ICAS) is formed through the help and support of ASNA.

Dec. 18, 1971 – Following acceptance by the Alaska Federation of Natives convention, President Nixon signs the Alaska Native Claims Settlement Act (ANCSA). ANCSA includes 40 million acres of land and $962.5 million compensation for lands loss to be shared among the 12 different regions represented in the Alaska Federation of Natives.
Eye Clinic

The Samuel Simmonds Memorial Hospital Eye Clinic is open to all communities across the Arctic Slope. We are staffed by one optometrist, two opticians, and one technician with our goal being to provide quality services and products at an affordable price.

Services include:

» Comprehensive eye exams, which include screening and treatment for eye diseases such as cataracts, glaucoma, and diabetes-related eye problems
» Refraction for glasses
» Contact lens fitting, ordering and management
» Eye disease evaluations and treatment or referrals
» Consultation, pre and post-surgical care for cataract and refractive surgery (LASIK)
» Glasses ordering, repairs and adjustments (outside prescriptions welcome)

Village Health Services

As the only critical access hospital in the Arctic Slope region, SSMH providers offer medical oversight and preceptorship training for the North Slope Borough (NSB) Community Health Aide Program (CHAP). CHAPs are often the only primary care providers serving vital roles in the health and well-being of our village residents.

The SSMH village health team includes physician assistant Becky Andrew, a nurse case manager, and family nurse practitioner Barbara Stagg. On a daily basis, this

FROM THE 1998 ANNUAL REPORT

During this year, we expanded the services available at our Hospital and have added the Dental Clinic and the Eye Clinic to the ASNA family of health programs after being transferred from the North Slope Borough.
team works closely with the NSB CHAPS to coordinate care and referrals between the NSB village clinics, SSMH, and the Alaska Native Medical Center (ANMC). Until recently, Becky has been the sole medical provider traveling to the villages and carrying village caseloads. Barbara has joined Becky to assist with our efforts to strengthen the continuity of care on the North Slope.

The Screening for Life and Diabetes Prevention staff work closely with the village health staff to keep village patients informed about their screenings. They offer year round breast and cervical cancer screenings and quarterly colorectal screenings to residents of Utqiagvik, Atqasuk, Kaktovik, Nuiqsut, Point Lay, and Wainwright.

**Physical Therapy**

The SSMH Physical Therapy Department is staffed with two physical therapists, a physical therapist assistant, and a physical therapist technician. We are here to assist patients of all ages, from infants to elders, in healing most ailments or injuries. We treat a variety of conditions, including chronic pain, musculoskeletal disorders, post-surgical, and neurological conditions. Our services cover outpatient, inpatient, and “swing-bed”, which allows a patient to stay in the hospital and get physical therapy while recovering from an illness or surgery, such as total knee replacement.

Our department has a wide variety of specialized equipment, including a NuStep, treadmill, recumbent bicycle, and upper extremity ergometer. In addition, we have a variety of tools used to challenge balance, strengthen weak muscles, and improve posture. We have many tools to help alleviate chronic and acute pain, such as trigger point dry needling, electrical stimulation, therapeutic ultrasound, and cold or hot packs are commonly used to decrease pain.
ASNA Social Services Outreach

The Social Services Department administers programs for residents throughout the North Slope, including job placement, higher education scholarships, adult vocational training, family preservation, Indian Child Welfare assistance, preventative behavioral health services, tribal childcare, elder care, medical and burial assistance.

Tribal Child Care Program

ASNA Social Services is sponsoring the Tribal Child Care program for children ages 13 and under whose parents are employed and/or actively taking classes. The child must be enrolled or eligible to enroll into a federally recognized tribe. Eligibility is also based on family size and income.
Baby and Me

ASNA Social Services and Family Preservation & Development hosts weekly, themed play-dates centered around development for parents and their babies aged 0-4. Wednesdays from 6:30pm-8:00pm at the old hospital, Conference Room, Entrance C. This program has been well received and continues to grow as parents find the benefit of meeting together for support and fellowship.

New Pre-Maternal Home

The Pre-Maternal Home has a NEW location!

It is now located at 6196 Herman Street occupying the downstairs unit. There are four rooms with ensuite bathrooms, a shared laundry area, communal kitchen with dining area, and living room space. Our new location offers a very nice home away from home for our expectant mothers from across the North Slope.

We extend our gratitude to the Arctic Slope Regional Corporation and the North Slope Borough for their generosity with continuing to support the medical travel and housing assistance program!
**Sustaining through PATIENT USE:**

**BY THE NUMBERS**

**Medical**
- Babies Delivered: **19**
- Primary Care Visits: **12,891**
- Inpatient Admissions: **389**
- ER Visits: **7,127**
- Specialty Clinics Offered: **64**

**Dental**
- Dental Patient Visits: **7,916**
- Dental Procedures: **27,105**
- Sealants/Preventative Resin: **4,485**
- Fluoride Treatments: **5,081**

1991 – With start-up grants from ASRC and NSB, ASNA is reactivated to pursue goals of self-determination for health and social services programs. Roberta “Bobbi” Quintavell is named Executive Director.

Imaging
Dexa: 37
X-Ray: 3,769
CT Scans: 1,116
Mammograms: 215
Ultrasounds: 1,062
Low Dose CT: 69

Midnight Sun Coffee Shop
Transactions: 57,588

Information Systems
Increased bandwidth speeds from 60 millisecond to 555 millisecond

Quality
85% customer satisfaction from surveys

FROM 1996 ANNUAL REPORT
For the fiscal year 1996, we performed 2836 general radiology, 70 contrast exams and 240 ultrasound exams.

1992 – As a non-profit Native organization, ASNA becomes eligible under federal law PL 93-638 (Indian Self-Determination and Education Act) to receive federal money to provide programs that had traditionally been provided by the Bureau of Indian Affairs (BIA).


September 1992 – ASNA receives first significant grant from the Bureau of Indian Affairs (BIA) allowing ASNA to establish and administer Social Services programs that serve the needs of its members.
RECOGNITION OF OUTSTANDING EMPLOYEES

Becky Andrew: 2018 Employee of the Year

It does not take long to understand that Village Health Care is Becky’s passion and why she was selected for the 2018 ASNA Employee of the Year. “Becky’s energy is unsurpassed as she tirelessly advocates and provides for the health and well-being our people,” states one colleague. Another coworker says, “Her dedication and work alone exemplify what the ASNA/SSMH mission is....” Becky has the rare quality of being passionate about her patients and her work, yet humble when she hears praise. As she states, “I’m lucky, I get to do what I am passionate about.”

Becky first arrived at SSMH in 1998 as a nurse and has worked the last 15 years as a physician assistant in the emergency room and primary care. Most recently, three (3) years in Village Health. She speaks fondly of her relationships with the North Slope Borough Health Aides and patients in each village and works to show each one the compassion and care they deserve. Becky’s goals are to continue to improve the care in each community by supporting each Community Health Aide with increased training.

Her passion is the people of the North Slope where she has found true community and she exemplifies the ASNA’s mission of promoting the well-being of the people of the Arctic Slope. Congratulations Becky for your recognition as the 2018 ASNA employee of the year!

Kathleen Olemaun: VA Recognition

Kathleen Olemaun, lead patient benefits outreach and enrollment coordinator, was recently recognized by the Veteran’s Administration of Alaska for her dedicated service. As part of Kathleen’s position with ASNA, she is also able to help with enrollment for Medicaid, Medicare, public assistance through Supplemental
Nutrition Assistance Program (SNAP), Tribally-Sponsored Health Insurance Program (TSHIP), the Heating Assistance Program (HAP), and other programs.

She helps our Veterans go through the enrollment process for insurance. Many Veterans are not aware that they qualify for benefits. Although the eligibility determination does not occur locally, Kathleen is able to assist our Veterans with the process to help ease the burden of medical expenses.

**Employees Reaching Milestones with ASNA**

In 2018, we recognized 42 employees for reaching milestones with ASNA, most notably was James Hale. James received a plaque for 25 years of service and a beautiful piece of Alaska Native Art. Way to go James! Below is a list of all the recognized employees. We are proud of all our employees’ longevity as it exemplifies the goal of sustainability and embodies the mission and vision of ASNA.

**25 YEARS** James Hale

**20 YEARS** Kathleen Olemaun / Susan Prociw / Pilar Salamat

**15 YEARS** Diane Nosbisch / Kim Edwards / Patty Elkins

**10 YEARS** Perlita Reyes / Jaime Bucatcat / Alexander Kaleak


1993 – ASNA is appointed to a seat on the AFN Board of Directors as the regional nonprofit association representative.

1994 – ASNA is awarded a three-year Child Care Development Block Grant to provide childcare assistance in six contract villages. Eben Hopson Jr. succeeds Roberta “Bobbi” Quintavell as Executive Director.
ASNA Leadership Scholarship Awardees

ASNA is proud to announce the recipients of the 2018 Guy Okakok, Sr. Leadership Award:

Samantha Wade and Lori Ferreira

Samantha is from Wainwright, Alaska. She is pursuing her undergraduate degree in Biological Sciences at University of Alaska Fairbanks.

Lori is from Point Lay, Alaska. She attended Ilisaġvik College with plans to obtain an associate degree in Allied Health.

The Guy Okakok, Sr. Leadership Award was established in 2015 in recognition of ASNA’s 50th Anniversary. It was named after one of the ASNA founders, Guy Okakok, Sr. who championed the rights of Alaska Natives. The purpose of the award is to provide academic scholarships to eligible North Slope tribal members who are interested in post-secondary health care, social services, or health-related certificate programs. Scholarship awardees receive a one-time issuance of $2,500 per semester or $5,000 per academic year, based on financial need.


1994 – ASNA is awarded three-year ICWA grant.

1995 – ASNA joins with Native Village of Barrow and Division of Family and Youth Services to conduct a major survey of human services needs in all Arctic Slope communities.

Dec. 15, 1995 – The Indian Health Service approves ASNA contract to operate the Barrow Hospital.
Internship Program Promotes Long-Term Opportunity

ASNA hires 10-12 interns every summer. The following interns were hired to work in these prospective departments: Katuk Danner, Administration; Kevin Goodwin, Motor Pool; Jayna Wolgemuth, Accounting; Nicole Corwin, Patient Travel Department; Shelia Ahyakak-Yazzie, Human Resources; Trevor Mongoyak, Information Services; Courtney Williams, Revenue Cycle; Samantha Wade, Social Services; Kayla Nungasak, Quality; Francis Kanayurak, Central Supply.

In addition to the interns’ regular job duties, they were actively involved in hosting community health and wellness activities.

Spotlight on Homegrown Talent

Kayla Irene Qimigluk Taqqaq Nungasak is the new clinical training coordinator and will provide operational and administrative support to the Quality Department. Kayla graduated from Barrow High School in May and began working as an intern during the summer. This quickly led to full-time employment with Samuel Simmonds Memorial Hospital in August 2018. Kayla actively participates in subsistence activities, and enjoys walking around town as well as the beach, watching movies with friends and family, and baking desserts. Congratulations to Kayla Nungasak and welcome to ASNA!

Amber Nanaaq Leavitt-Hopson is the housekeeping supervisor. She oversees all of housekeeping at SSMH to ensure a clean environment. Amber started her new position as supervisor in April of 2018 after Cathy Hopson retired. She began working at ASNA in July of 2014 in the housekeeping department. Amber grew up in Utqiagvik with three (3) sisters and one (1) brother and graduated from Kiita in 2010. Amber enjoys travelling; Hawaii and Florida are listed as favorite destinations. Congratulations to Amber for her selection as housekeeping supervisor!
A JOB WELL DONE

Long-Standing Housekeeping Supervisor Retires

Twenty-years to the exact date of her first day of her employment, Catherine (Cathy) Hopson, housekeeping supervisor, retired from ASNA on April 15. Cathy first started her employment as a housekeeper with Ukpeaġvik Inupiat Corporation (UIC), who then operated under contract with ASNA to provide the housekeeping and maintenance at the old SSMH. Every morning, Cathy showed up to work at 6:30am, long before most day shift staff arrived. She worked hard to ensure all areas of the hospital maintained its “new-hospital smell”.

Cathy looks forward to spending her retirement at her summer cabin at Piġniq, and spending time with her family. Quyanaqpak Cathy for your twenty-years of dedicated service!

March 15, 1996 – ASNA officially takes over operations of Barrow Hospital.

The facility is later renamed as the Samuel Simmonds Memorial Hospital in honor of the late Samuel Simmonds who served as a pastor, carver, and worked in the social service and health care field.

1996 – ASNA applies to BIA for compact status, with more authority and responsibility for Social Service programs.
Facilities Director Retires After Two Decades

After 20 years of service to Samuel Simmonds Memorial Hospital, Bill Andrew pulled the pin. Bill was the director of facilities. He oversaw the Samuel Simmonds Memorial Hospital and associated parking lots and grounds. Bill ensured that all the facilities were operating safely and maintained. He also made sure everything was meeting all applicable regulations. He was instrumental in our transition to the new Samuel Simmonds Memorial Hospital.

We want to thank Bill for all of his hard work and wish him a wonderful retirement!

February 28, 1997 – Local contest held to name Barrow Hospital. The winner is “Samuel Simmonds Memorial Hospital” in honor of the late Reverend Samuel Simmonds who became known as a master carver, lay pastor, accountant, minister, counselor, healer, community activist, Elder, loving husband and father. He was born in Barrow, Alaska on January 25, 1922 to Abe Pauyuuraq Sr. and Mamie Iñuquyuk Simmonds.
“Sustainability is about creating and building momentum to maintain community-wide change by organizing and maximizing community assets and resources... These elements are crucial to ensuring lasting change and making a difference in people’s lives.” — CDC

Medical Travel and Funeral Assistance (MTFA)

Some of the most difficult decisions to make in health care involve how to pay to access the services you need and where to get help when someone we love passes on. The Medical Travel and Funeral Assistance Program supports the traditional Inupiat values of compassion, cooperation, and love and respect for one another.

Arctic Slope Regional Corporation (ASRC) and North Slope Borough (NSB) have granted funds to Arctic Slope Native Association (ASNA) to manage the MTFA Program. MTFA provides aid to ASRC shareholders and residents of the North Slope Borough in medical or funeral crisis when no other alternative funds are available to pay for such services.

The Medical Travel and Funeral Assistance (MTFA) program serves the communities of Anaktuvuk Pass, Atqasuk, Kaktovik, Nuiqsut, Point Hope, Point Lay, Utqiaġvik and Wainwright.
Screening for Life Outreach: Village of Nuiqsut

ASNA sponsored program outreach in Nuiqsut for Screening for Life on June 20, 2018 at the Village Health Clinic. Nearly 20 community members joined the event. There were stations presenting information on preventative health measures including colorectal and breast cancer screenings, diabetes and blood pressure assessments, smoking cessation, healthy family activities and more.

ASNA and NSB Prevention Team Partner

The week of May 13-19 is observed nationally as National Prevention Week. In honor of this week, ASNA and the NSB partnered to host a community Suicide Prevention Walk. The cold and windy weather did not deter community members walking from SSMH to the ICAS beach. In September, ASNA and the North Slope Borough Prevention Crew visited Eben Hopson Middle School and Barrow High School in recognition of National Suicide Prevention Week. ASNA provided cookies to all participants in the shape of a yellow ribbon, the symbol for suicide awareness. Using the theme “Why Does Tomorrow Need Me,” students were able to participate in an activity. We had a great turnout at both schools and were able to provide important information about suicide prevention!
Walking Wednesday

ASNA proudly hosts ‘Walking Wednesday’ every year in partnership with the North Slope Borough Health Department. This year we hosted the walk on June 13 and August 13 with approximately 100 participants. Following the mile hike around campus, our team served healthy to-go lunches and water.

ASNA encourages community members to develop healthy lifestyles and promote daily wellness activities. Walking just 30 minutes a day can lower your risk of chronic illnesses, help you maintain a healthy weight, and strengthen your heart.

KBRW’s Drive to Thrive

As part of KBRW’s Drive to Thrive, ASNA received $3,145 in phone pledges during our time slot. KBRW is vital to residents on the North Slope for local news, entertainment, weather, the weekly ASNA Radio Hour, and more. Trina Brower, community engagement specialist, organized and hosted the ASNA portion of the event. ASNA also provided additional incentives such as a hat, thermos, and a smoked turkey.

We want to express our appreciation to Virgie Kasak (singer), Johnny Adams (guitar), Bradford Elavgak (guitar), Ida Okpeaha (singer) and the ASNA volunteers for their help in making ASNA’s portion of the “Drive to Thrive” a success.

2000 – ASNA turns over natural resources, tribal operations and real estate functions to Inupiat Community of the Arctic Slope (ICAS).

2000 – $2.5 million renovation of Samuel Simmonds Memorial Hospital is completed.

2000 – The Joint Commission for Accreditation for Healthcare Organizations gives SSMH the highest score of any bush facility and the second highest in the state.
Aviktuaqatigiñiq (Sharing): Tis’ the Season for Giving

Arctic Slope Native Association (ASNA) is partnering with the community in asking for niqipiaq (traditional food) donations. ASNA operates Aimaagvik through a contractual agreement with the North Slope Borough. Our partnership with the North Slope Borough provides opportunities for those needing care to remain on the North Slope without traveling hundreds of miles away from home. Aimaagvik, which translates to “a place you call home” in the Iñupiaq language is a 12-bed assisted living facility with six shared rooms.

Aimaagvik (Assisted Living Home) accepts niqipiaq (traditional food) donations. We were able to accept caribou meat, fish meat, wild berries, moose meat, seal meat, tundra tea, birds, whale meat, wild greens, maktak, fish eggs, and eggs.

Additional Guidelines for Niqipiaq Donations:

- Food should be clean and kept cool to prevent spoilage
- Food should be quartered or in manageable sizes
- Wild game must be field dressed (gutted and skinned)
- Seafood must be gutted and in manageable sizes
- Fish must be gutted and left whole
- Other foods may be dropped off at Aimaagvik

The State of Alaska Department of Environmental Conservation authorized the traditional foods allowed and foods not allowed under the provisions of the Alaska Food Code Section 18AAC31.2053.
PREVENTION AS A FIRST STEP

Tobacco Cessation

In an ongoing partnership with the Alaska Native Tribal Health Consortium and the North Slope Borough, ASNA provides a support network to patients who want to quit using tobacco. Together we created a brochure for the North Slope region to encourage smokers to quit and to identify the resources available when a smoker is ready to quit. The goal was to make the process easier to seek guidance, locate support services, and increase successful tobacco cessation in our region.

Diabetes Prevention Program Hosts Family Fun Activities

The SSMH Diabetes program will hosted their sixth (6th) annual Family Fun Day and Fun Run/Walk on Saturday, January 12 at Ipalook Elementary School. In addition to the Fun Run/Walk, there were booths for the community to enjoy. Yoga, massage therapy, carnival games, helmet safety, Potter the Otter/food tasting, and smoothie bikes were just a few of the activities available during the Family Fun Day. SSMH staff also tested for diabetes risk, blood pressure and body composition. The SSMH Diabetes program wants to thank everyone that attended!

In addition to the annual Fun Day, SSMH’s Diabetes Program partners with many local groups on the North Slope such as, Kids in the Kitchen, Arctic Women in Crisis, the Boys and Girls Club, the NSB Mayor’s Summer Youth Program and the Village Circus Camp. These community partnerships are vital to encouraging a healthy lifestyle and educating the community about the effects of diabetes.
QUYANAQ!

As we reflect on the growth and accomplishments of our organization in 2018, we extend our heartfelt quyanaqpak to those who made it possible. It is because of the leadership of our board of directors, administration, hospital administration, physicians, nurses, and support staff that we are able to ensure that the people of the Arctic Slope are healthy and content.

We are thankful to the tribal councils for their support: Naqsraġmiut Tribal Council, Native Village of Atqasuk, Native Village of Barrow, Native Village of Kaktovik, Native Village of Nuiqsut, Native Village of Point Hope, Native Village of Point Lay, and Wainwright Traditional Council. In addition, thank you to the North Slope Borough, Arctic Slope Regional Corporation, Alaska Native Tribal Health Consortium, Arctic Slope Community Foundation, skw Eskimos Inc., Seventh Generation Fund for Indigenous Peoples, North Slope Borough School District, Ilisaġvik College, and our community partners. We look forward to our continued success in 2019.
September 21, 2013 – After 50 years operating at the old hospital, new hospital in Barrow opens for service. Within hours, the first baby in the new hospital was born, Leah Birgitte Kinuwaq Ahsogeak.

2015 – ASNA celebrated its 50th anniversary. As part of the commemoration, ASNA created the Guy Okakok Sr. Leadership Award. Guy Okakok was a founding member of ASNA.
### ASSETS

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current assets</td>
<td>$21,652,148</td>
<td>$18,161,427</td>
<td>$19,265,863</td>
</tr>
<tr>
<td>Investments</td>
<td>31,027,300</td>
<td>29,509,697</td>
<td>31,342,518</td>
</tr>
<tr>
<td>Capital assets, net of accumulated depreciation</td>
<td>165,349,978</td>
<td>163,780,500</td>
<td>164,978,785</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>218,029,426</strong></td>
<td><strong>211,451,624</strong></td>
<td><strong>215,587,166</strong></td>
</tr>
</tbody>
</table>

### LIABILITIES

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current liabilities</td>
<td>8,641,100</td>
<td>7,201,233</td>
<td>15,696,409</td>
</tr>
</tbody>
</table>

### NET POSITION

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net investment in capital assets</td>
<td>164,283,814</td>
<td>163,569,397</td>
<td>164,757,249</td>
</tr>
<tr>
<td>Unrestricted</td>
<td>45,104,512</td>
<td>40,680,994</td>
<td>35,133,508</td>
</tr>
<tr>
<td><strong>TOTAL NET POSITION</strong></td>
<td><strong>$209,388,326</strong></td>
<td><strong>204,250,391</strong></td>
<td><strong>199,890,757</strong></td>
</tr>
</tbody>
</table>

---

2016 – The Presbyterian Church (USA) issued an official apology in Barrow for harms done to Alaska Natives during the Indian assimilation movement of the late 19th and early 20th centuries. To the left is the acceptance proclamation.

Today