

# *Iñuuniagniq* The Art of Living

ARCTIC SLOPE NATIVE ASSOCIATION

Spring 2013

## *Mark Your Calendar!* 2013 UPCOMING EVENTS

### ■ **Dental in the Villages**

May - June 2013

Wainwright: June 23-29 with Dr. Jennifer Domalgaski & RDH Kama Blasing

Nuiqsut: May 19 - 25 with Dr. Jonathan Oudin & RDH Kama Blasing

Dates subject to change, to see the dentist call your village health clinic to ensure your name is on the "dental list" with your current phone number(s).

### ■ **SSMH Specialty Clinics Schedule**

ENT/Audio: May 22 - 24, July 16 - 18

Arthritis: July 10 - 12

For more information or to schedule your appointment, please contact Nicole Thomason directly at 907 852 9284 or call toll free 1 888 585 7764.



*Barrow Dancers perform during Kiviq, 2013*

# Iñuuniagniq

Spring 2013 ARCTIC SLOPE NATIVE ASSOCIATION

## A Note from Marie

The snow birds are singing, which always indicates the arrival of spring.

Many of us are busy preparing for spring whaling and spring hunts across our region. With all the excitement, Arctic Slope Native Association (ASNA) is anticipating the completion of the construction of the new hospital. You will find new hospital updates inside this newsletter. I've marked this event in this newsletter by "taking off my hard hat" – see photo insert. There's still a lot of preparation ahead of us, including ordering medical equipment, staff training, and community outreach.

In addition to bringing the new hospital on-line we are also beginning several new initiatives, including changing our system of care to focus on more preventative health efforts. We are also pursuing Level IV Trauma designation, which would allow access to more funding to better respond to emergencies. These are just a couple of areas in which we are making improvements, and I look forward to being able to share more as these plans become reality. Stay tuned.

I wish all of you great luck this spring whaling season and remember to put safety first!

**Marie Carroll, President/CEO**



## Job Board & Summer Internship Training Program

*Apply Today!*

Are you looking to join a great team with great benefits and opportunity to grow in a health or health-related career? Start here. We are currently recruiting for the following positions:

### Samuel Simmonds Memorial Hospital Positions

- Certified Nurse Aide – Days
- Finance Administrator I, II
- General Mechanic
- Scanning Specialist(s)
- Cook II
- Housekeeper, Temporary

### New Hospital Positions

- General Mechanic (4 positions)
- Physical Therapist

### Summer Internship and Training Program

ASNA is seeking 10-12 summer interns for a wide variety of positions and opportunities. Interns will be placed throughout the organization based on their interest and experience. Apply today!

Please contact our  
Human Resources  
Department for more  
information:  
[HR@arcticslope.org](mailto:HR@arcticslope.org)  
907 852 9204

## A Place for Mothers-To-Be

*Pre-maternal home will open June 17 in Barrow for women and children referred by Samuel Simmonds Memorial Hospital*

The pre-maternal home will serve as a temporary “home away from home” for pregnant women and their children. It is a 5-bedroom house with three bathrooms and an office space, a full kitchen, washer/dryer and comfortable living space. Educational classes will also be provided, including:

- Early Morning Yoga
- Pre-Natal Nutrition
- Early Childhood Nutrition
- Budgeting for a Family
- Dinner and Talking Circles
- Identifying Pressure Points for Pregnancy Pain Relief

We have recently hired a certified doula, Abra Patkotak, to plan many of our classes and activities. The word “doula” comes from the ancient Greek meaning “a woman who serves” and

is now used to refer to a trained and experienced professional who provides continuous physical, emotional and informational support to the mother before, during and just after birth; or who provides emotional and practical support during the postpartum period. Abra will also work with the North Slope Borough Health Department to increase the educational opportunities we provide to expectant mothers and families slope-wide.

Doors are scheduled to open June 17. For more information, listen in on the North Slope Borough Health Department’s morning radio show on May 23, 2013 at 10am.



## Employee Spotlight

*Evelyn Williams*

Evelyn Ayalhuq Williams was born and raised in Barrow. Her parents are Alfred Sr. and Harriette Hopson. After living in southeast Alaska for about 34 years and raising her family there, Evelyn returned home in February 2012. She has worked in the health & prevention fields in one way or another since 1995 and enjoys working with people in that profession. ASNA hired Evelyn in May 2012 as a Work Services Coordinator in the Social Services department. ASNA supports cultural preservation, wellness and self-sufficiency. Therefore, when ASNA

Administration was approached by staff of Ilisagvik College’s Uqautchim Uglua, a child daycare center and language nest, Evelyn volunteered as an elder and Inupiaq speaker to visit the class where 3 and 4 year-olds are being spoken to, read and sung to in our language.

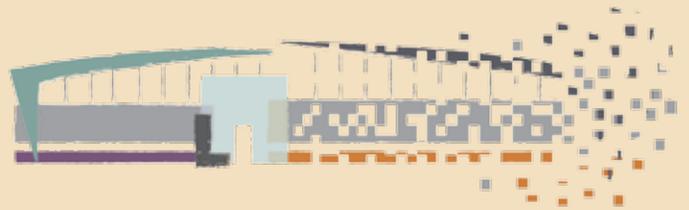


## It's almost summertime! Below are some tips for summer safety:

- ▀ Children will spend more time outdoors, please be careful and drive slowly.
- ▀ Before you leave the driveway, make it a habit to walk around your parked car to check for children.
- ▀ Remember to always wear your helmet when driving or riding an all-terrain vehicle (i.e. ATV or motorcycle).
- ▀ If your family goes boating, children should always wear life jackets. Adults should also wear life jackets to set a good example. Life jackets save lives!

## HOSPITAL REPLACEMENT PROJECT UPDATE

*In each issue of Iñuuniagniq, we will be giving updates on the progress of the Hospital Replacement Project in this space.*



### **As of March 31, 2013: Major Construction is Nearly Done!**

- ▀ **Drywall – 100% complete**
- ▀ **Painting – 100% complete**
- ▀ **Ceilings – 99% complete**
- ▀ **Casework – 97% complete**
- ▀ **Mechanical – 100% complete**
- ▀ **Electrical – 99% Complete**
- ▀ **Overall – 97% Complete**
- ▀ **They started up the emergency generators in March.**
- ▀ **The tile work was completed in March.**
- ▀ **They worked on touch-up painting throughout the first floor in March.**
- ▀ **The bullet resistant glazing was finished at the emergency department's nurse station.**

## ANNOUNCEMENTS

### **Annual Report**

All Arctic Slope box holders were mailed a copy of the 2012 ASNA Annual Report. Look for it in the mail today! A PDF version is also available at [www.arcticslope.org](http://www.arcticslope.org)

### **Annual Meeting**

The Annual Meeting for the ASNA Board of Directors will be held on June 8, 2013 in Anaktuvuk Pass, AK. The Meeting will be held at the Community Center starting at 1:00 P.M. Newly appointed board members will be seated and program reports will be presented.

### **ASNA Child Care Program**

We invite the public to comment on the Proposed Childcare Development Tribal Plan for 2014-2015

Friday, May 24th - 9 AM to 3 PM

Visit local NSB Teleconference Center.

A Representative will receive comments when you call in.

For alternate formats, please send comments:

- ▀ By US Mail - PO Box 1232 Barrow AK 99723;
- ▀ Email - [racheluz.tooyak@arcticslope.org](mailto:racheluz.tooyak@arcticslope.org); or
- ▀ Secure Fax line 907 852-2105

Portions of ASNA's Childcare Development Tribal Plan and child care support activities are in collaboration with the North Slope Child Care Team composed of NSB, ASRC, UIC, ICAS, Iisa vik College, NSBSD, ASNA, and City of Barrow.



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