

## Press Release

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### North Slope resident tests positive for COVID-19

**August 6, 2020 - Utqiagvik, Alaska:** An individual from the North Slope region, who recently returned from off-slope travels, has tested positive for COVID-19 in Utqiagvik. The individual is a resident of Utqiagvik, and has been self-isolating.

Currently, there are four active cases in the Arctic Slope region; with cumulative 17 cases total to date in the North Slope Borough.

The North Slope Borough Department of Public Health and the State of Alaska Section of Epidemiology contact tracing teams have reached out to the individual's close contacts who may have been exposed and provided additional information on appropriate precautions. SSMH is committed to providing COVID-19 testing for anyone in the community who believes they may have been exposed, and encourages the community to continue practicing precautionary measures to prevent the spread of the disease.

Testing is available at the airport for each in-bound Alaska Airlines flight, as well as drive-thru availability at the hospital Monday – Friday from 8am until 7pm. The tests are available with no out-of-pocket costs, and may be repeated every seven (7) days.

SSMH activated its incident command structure on March 16 to manage the COVID-19 pandemic in the region. SSMH is also working with the North Slope Borough Emergency Operations Center, North Slope Borough Health Department, and is communicating daily with regional community leaders.

This situation further emphasizes the importance of following recommendations of social distancing and safe hygiene practices. SSMH strongly encourages residents to limit the amount of non-essential activities and day-to-day social interactions.

Additionally, anyone who must leave their home, is encouraged to wear a face covering in public (cloth mask, scarf, neck gaiter, etc.).

SSMH has recommendations for its regional patients experiencing symptoms of COVID-19. The following symptoms may appear 2-14 days after exposure:

- Cough
- Fever
- Shortness of breath
- Fatigue
- New-onset diarrhea
- Loss of smell or taste

If you are experiencing symptoms please contact the SSMH COVID-19 Hotline at 1-833-852-4622 with any questions. If you live in Utqiagvik, you may be able to use the Drive-thru testing option. If you are in a village, please contact your local clinic to arrange testing and notify clinic staff before your arrival. Testing is open to any individual requesting it, regardless of symptoms or travel history.

Please continue to follow the Center for Disease Control (CDC) recommendations for protecting yourself against COVID-19 by practicing social distancing and washing your hands frequently. More information on protecting yourself can be found at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

For additional precautionary information on travel safety guidelines, please follow the attached link from Alaska Airlines at <https://www.alaskaair.com/content/advisories/coronavirus>

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