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2  ARCTIC SLOPE NATIVE ASSOCIATION

BOARD OF DIRECTORS TIMELINE

1965

ASNA Founders: Charles Edwardsen Jr., Samuel Simmonds, Guy Okakok;
President, Sam Talaak;
Executive Director, Hugh Nichols
ASNA’s first slate of officers were selected. Sam Talaak, Abel Akpik, Charles Edwardsen Jr., James Nageak, Fred Kanayaruk, Samuel Simmonds, Hugh Nichols, Walton Ahmaogak, and Guy Okakok.

From left to right: James Nageak, Abel Akpik, Samuel Simmonds, Walton Ahmaogak, Sam Talaak, Otthneil Oomituk, and Herman Rexford (man behind Abmaogak and woman at right are not identified).
ARCTIC SLOPE NATIVE ASSOCIATION (ASNA) is an Alaska Native-owned, non-profit, health and social services organization based in the northernmost region of Alaska, serving the villages of Anaktuvuk Pass, Atqasuk, Kaktovik, Nuiqsut, Point Hope, Point Lay, Utqiaġvik, and Wainwright. Formed in 1965, by original founders Samuel Simmonds, Guy Okakok, Sr., and Charles ‘Etok’ Edwardsen, Jr., ASNA was originally created to help protect the lands of the Arctic Slope region, beginning the process that led to the passage of the Alaska Native Land Claims Settlement Act.

Today, Arctic Slope Native Association (ASNA) manages the Samuel Simmonds Memorial Hospital (SSMH), the only critical access hospital and Level IV trauma center within the region. SSMH has become the center of an increasingly agile health care delivery system that spans the North Slope of Alaska. Our Joint Commission accredited hospital services begin in Utqiaġvik (Barrow) and reach throughout the region.

The facility includes:

» Fourteen (14) outpatient exam rooms
» Four (4) emergency department beds
» Two (2) trauma bays
» Ten (10) inpatient beds, including two (2) Labor and delivery rooms
» Physical Therapy
» CT Scan / DEXA Bone Density Scan
» Specialty Clinics: Cardiology, Sleep Medicine, Gynecology, Surgery, Podiatry, Diabetes, Orthopedics, Audiology, Arthritis, ENT Specialist, Endoscopy, Medical Nutrition, Ophthalmology, Neurology, Pediatrics, Hepatology, Pulmonology, Pediatric Cardiology, and Stress Tests.
MISSION

Our mission is to promote the health and well-being of the people of the Arctic Slope.

VISION

The people of the Arctic Slope are healthy and content.

OUR VALUES

ASNA and all operations of the Samuel Simmonds Memorial Hospital are guided by the values of the Iñupiat people of the Arctic Slope:

Qiksiksrauitaqñiq Utuqqanaanun, Allanun, Iñuuniavqigmun — Respect for Elders, Others, Nature

Iḷaqiigñiq — Family Kinship and Roles

Aviktuaquatigiigñiq — Sharing

Iñupiuraallaniq — Knowledge of the Language

Paammaaqigñiq — Cooperation

Piqpakkutiqañiq — Love and Respect for One Another

Quvianquniq — Humor

Aŋuniaallaniq — Hunting Traditions

Nagliktuutiqañiq — Compassion

Qiñuiññiq — Humility

Paaqłaqtautiaññiq — Avoidance of Conflict

Ukpiqqutiqañiq — Spirituality

From left to right, top to bottom: John Oktollik, Edward Hopson Sr., Warren Matumeak, Wesley Aiken Sr., David Kagak, and Herman Aishanna
Our strong leadership

Muriel Katuk Brower, Chair &
Martha Qagguq Monnin, President & CEO

PAĞLAGIVSI! It is a privilege to serve the people of the North Slope and to help address the health needs of our region. The theme for this year’s annual report is “Piagjñiqput, Inuvut – Our Health, Our People.” This theme was chosen because, in the middle of all of the concerns around COVID-19, we want to remember and honor the traditional values that ASNA is built upon.

We have much to be thankful for: we have seen service levels grow, we have new facilities projects being completed, and we continue to seek out opportunities to bring more healthcare resources into our region. These benefits came about through the careful stewardship of our board members and leadership team. Throughout the annual report you will see the many faces and names of past and present board members. It is through their service that we have a strong foundation, and can continue our mission of promoting the health and well-being of the people of the Arctic Slope. We are very blessed because of the hard work of those who came before us; and we are very thankful that our current leaders continue to champion the legacy of service to the people of our region.

Going forward, we remain committed to honoring and enhancing our mission. As part of our commitment, continuing to build upon village healthcare services, we have added staff to social services outreach, specialty clinics, and screening for life and diabetes prevention teams. This work is part of our commitment to both increase access and strengthen continuity of healthcare between village services and Samuel Simmonds Memorial Hospital.
We are also pleased to report that Samuel Simmonds Memorial Hospital successfully completed The Joint Commission Accreditation as well as our first ever visit from Centers for Medicaid & Medicare Services to complete a validation survey. These positive reports reflect the efforts of all of our staff to deliver healthcare services that meet the highest quality standards. Quyanaqpak to our skilled staff for the dedication and commitment they show every day as they deliver healthcare to our people.

Quyanaq,

MURIEL KATUK BROWER  MARTHA QAĞĠUN MONNIN
Chair  President & CEO

From left to right: Oliver Leavitt, Leslie Itta, and Herman Rexford

1973 – 1974
Unknown

1975
President, Joseph Upicksoun; 2nd Vice President, Edward Hopson Sr.; Secretary, Nelson Ahvakana; Oliver Leavitt, John Oktollik, Warren Matumeak, Wyman Panigeo
Our STRONG LEADERSHIP

ASNA
Board of Directors

Board Chair
MURIEL BROWER
Native Village of Barrow

Vice Chair
BERNICE KAIGELAK
At-Large Seat

Treasurer
NANCY ROCK
Native Village of Point Hope

Secretary
ISABEL NASHOOKPUK
Wainwright Traditional Council

Sergeant at Arms
NOREEN KALEAK
Native Village of Kaktovik

Members

MOLLY AHKIVGAK
Native Village of Atqasuk

ANNA NAGEAK
Naqsraqmiut Tribal Council

HAZEL KUNAKNANA
Native Village of Nuiqsut

GWENDOLYN PIKOK
Native Village of Point Lay

1976
President, Joseph Upicksoun; John Oktollik, Edward Hopson Sr., Wyman Panigeo; Secretary, Nelson Ahvakana; Oliver Leavitt, Warren Matumeak, Leslie Itta, David Kagak, Robert Ahgook, Billy Weber, Herman Aishanna

1977
President, Joseph Upicksoun; Edward Hopson Sr., Nelson Ahvakana, Warren Matumeak, Oliver Leavitt, Arnold Brower Jr., James Matumeak, Arthur Panigeo, Wyman Panigeo, Annie Leavitt
SAMUEL SIMMONDS MEMORIAL HOSPITAL

Governing Committee

THE ASNA BOARD formed a hospital governing committee to specifically oversee the Samuel Simmonds Memorial Hospital operations. The governing committee includes tribal council representatives, the ASNA President/CEO, the Hospital Administrator, the Chief of Staff, and the North Slope Borough Director of Health & Social Services.

Chairperson MURIEL BROWER
Native Village of Barrow

Vice Chair BERNICE KAIGELAK
At-Large Seat

Secretary ISABEL NASHOOKPUK
Wainwright Traditional Council

Members

MOLLY AHKIVGAK
Native Village of Atqasuk

GWENDOLYN PIKOK
Native Village of Point Lay

NOREEN KALEAK
Native Village of Kaktovik

HAZEL KUNAKNANA
Native Village of Nuiqsut

MARThA MONNIN
ASNA President/CEO

RICHARD HALL
SSMH Hospital Administrator

DR. ALANNA SMALL
SSMH Medical Chief of Staff

GLENN SHEEHAN
North Slope Borough Director of Health & Social Services

From left to right: Arnold Brower Jr. and Annie Leavitt

1978 – 1985
Unknown

1985 – 1991
ASNA inactive
ASNA President/CEO Retires to New Horizons

After 20 years of serving the mission of the Arctic Slope Native Association, Marie Carroll decided to seek a new horizon and pursue retirement.

Marie began work at ASNA in 1999 as the VP of Health Services and then was appointed to the role of President and CEO in 2007. During her tenure, Marie advocated and secured funding through the Indian Health Services to design and construct a new 109,000 square foot hospital in Utqiagvik that opened in 2013.

Marie has many accomplishments, most recently she was inducted into the Alaska Women’s Hall of Fame with the class of 2019. The Alaska Women’s Hall of Fame honors women who have made significant contributions to Alaska.

Marie, we thank you for your many contributions and years of dedicated service to the people across the Arctic Slope. Your pathways in retirement are very well deserved. In recognition for Marie’s years of services to ASNA, the Board of Directors and the staff celebrated her retirement. The ASNA Bowhead Café provided the banquet menu, while local leaders and Marie’s family spoke kindly of her lifetime achievements. We wish Marie all the best in her new horizon!

ASNA Board of Directors Announces Next President/CEO

The ASNA Board of Directors is pleased to announce Martha Monnin as their next President/CEO. Ms. Monnin served as the Vice President of Administration for ASNA. “Congratulations to Martha Monnin on being selected President/CEO of ASNA,” said ASNA Board member Nancy Rock. “We appreciate her commitment and growth as a leader.”
Martha was selected after an extensive search by the ASNA Board of Director’s executive search committee. Many highly qualified candidates were narrowed at various stages to a final round of interviews. “Martha will be a tremendous asset to ASNA. Please welcome her into her new role,” said Bernice Kaigelak, Vice Chair of the ASNA Board. Marie Carroll, retiring President/CEO states, “I am very pleased at the selection of Ms. Martha Monnin as the President/CEO. She has been a leader in the organization and is to be commended for her many contributions. Thank you to Martha and all of the staff for their work in moving the vision forward. ASNA is in capable hands as I look forward to retirement and spending more time with family and friends.”

Martha Qaġġun Monnin was born and raised in Utqiaġvik, Alaska. Martha is the eldest daughter of Della Aiken from Atqasuk, Alaska and the late Clayton Lambrecht Sr. Martha’s grandparents, Kate Aiken and the late James Aiken Sr., were instrumental in establishing the Atqasuk town site in the 1970’s. Martha began her employment with ASNA as Human Resource Director. In May of 2017, Martha was promoted to the role of Vice President of Administration. In this position, Martha worked with the Executive Team serving to fulfill the initiatives established by the Board of Directors. Martha oversaw Human Resources, Medical Travel and Funeral Assistance Programs, Community Relations, and Social Services and Development. Prior to joining ASNA, Martha worked at Ilisaġvik College as the Human Resource Director. Martha holds a Bachelor of Science in Business Administration from the College of Charleston in South Carolina.

Martha said, “We’re very fortunate to be in a great place; with exceptional staff, a beautiful facility, and dedicated leadership from the Board of Directors. Together we will continue to promote the health and well-being of the people of our region for years to come.”
The Joint Commission accreditation and the Centers for Medicaid & Medicare Services (CMS) validation

Samuel Simmonds Memorial Hospital (SSMH) successfully completed two surveys: The Joint Commission and CMS Validation surveys. Both surveys were in-depth inspections of the facility, all hospital operations, medical records, human resources, medical staff credentials, dietary, infection control, environmental services, and leadership.

This recognition means that ASNA/SSMH complies with the highest national standards for safety and quality of care and is committed to continually improving hospital care.

“We had a very extensive and thorough survey by four surveyors in five days. As an organization, we did very well. Our staff can be proud of their performance and service to the community. Each of the surveyors said they would get their care here.” — Hospital Administrator, Richard Hall

The success of these surveys is a result of continuous planning, process improvement, and hard work of our organization. Congratulations ASNA!
QUALITY HEALTH CARE PROVIDED BY SAMUEL SIMMONDS MEMORIAL HOSPITAL

Specialty Clinic

The SSMH Specialty Clinic offers appointments within nineteen different specialties brought up from Anchorage for residents of the Arctic Slope. Specialty Clinic scheduled over 80 field clinics in 2019 that included: Cardiology, Sleep Medicine, Gynecology, Surgery, Podiatry, Diabetes, Orthopedics, Audiology, Arthritis, ENT Specialist, Endoscopy, Medical Nutrition, Ophthalmology, Neurology, Pediatrics, Hepatology, Pulmonology, Pediatric Cardiology, and Stress Tests. The Specialty Clinic integrated anesthesia services for procedures involving moderate to deep sedation. The combined offices of Off Slope Case Management and Specialty Clinic operations has improved efficiencies within the clinic and improved staffing for field clinics.
Dental Services

Good dental health is an important indicator for overall health and well-being. The SSMH Dental Clinic is supporting the Arctic Slope through community based and patient specific dental disease prevention, education, and clinical delivery of general dental treatment.

Services include:

» Dental examination, periodic and emergency
» Preventive services, such as oral health and nutrition counseling, cleanings, sealants and more
» Restorations and routine oral surgery, including removal of most wisdom teeth
» Services for limited root canal therapy, crowns, bridges, and dentures are available in the hospital

The Dental staff continue to provide routine dental care in the NSB village clinics.

Diabetes Prevention:

The Diabetes Prevention program in conjunction with Alaska Native Tribal Health Consortium (ANTHC) hosts a Diabetes Clinic at SSMH. The clinic offers services from a medical provider, nurse practitioner, dietician, pharmacist, podiatrist, diabetes educator, and physical therapist. This clinic is offered quarterly every year with an effort to ensure that all of our diabetic patients receive the best possible care.

In July, the Diabetes Prevention and Education program collaborated with ASNA Social Services to provide activities such as Baby & Me, dance classes, Zumba, Kids in the Kitchen, and Fitness Boot Camp. In addition to these activities, our Diabetes Educator has worked with diabetic patients to provide lab test education, nutrition education, and general diabetes education.
**Screening for Life | Girl’s Night Out | It’s a Piece of Cake**

The SSMH Screening for Life (SFL) Program is responsible for the management of Centers for Disease Control (CDC) funds for breast and cervical cancer screening as well as funds from the American Cancer Society (ACS) for Colorectal Cancer Screening. The program also provides for non-grant covered colorectal screenings. Our main objective is to reduce the incidence of breast, cervical and colorectal cancers for people of the North Slope by providing access to life-saving, early detection screening services like pap smears, mammograms, and colonoscopies. We offer year-round breast and cervical cancer screenings and colorectal cancer screenings via scheduled colonoscopy clinics and FIT testing to the residents of Barrow, Atqasuk, Kaktovik, Nuiqsut, Point Lay, and Wainwright.

In recognition of National Breast Cancer Awareness Month, not only did the lights under the hospital building illuminate a pink glow, SSMH Medical Imaging and ASNA Screening for Life also hosted the ‘Girls Night Out’ event to engage and involve the community in the fight against breast and cervical cancer. We want to commend Screening For Life for a spectacular event!

There were 45 mammograms and 21 pap smears done during the event. The event brought in more than 100 participants. We partnered with the North Slope Borough Prevention to provide education on tobacco cessation and Arctic Chiropractic to provide 15 minute chair massages at no cost. Additional information tables were set up by SSMH Physical Therapy, Specialty Clinic, Radiology, and Employee Health.

In July Screening for Life hosted the “Mammograms are a Piece of Cake” event. Guests had the opportunity to receive screenings, education, prizes, birthday cake, refreshments and more. Mammograms are important preventative screenings that provide early detection.
Eye Clinic

The SSMH Eye Clinic is open to all communities across the Arctic Slope. The clinic is staffed by one optometrist, two opticians, and one technician with the goal of providing quality services and products at an affordable price.

Services include:

» Comprehensive eye exams, which include screening and treatment for eye diseases such as cataracts, glaucoma, and diabetes-related eye problems
» Refraction for glasses
» Contact lens fitting, ordering and management
» Eye disease evaluations and treatment or referrals
» Consultation, pre and post-surgical care for cataract and refractive surgery (LASIK)
» Glasses ordering, repairs and adjustments (outside prescriptions welcome)
The Eye Clinic acquired an in-house edger, which allows a range of single vision eyeglass orders to be completed on site. The addition of this equipment has greatly reduced the turnaround time for delivering eyeglasses to patients. We are often able to produce the glasses the same day, rather than the typical 2-3 week wait.

The Eye Clinic is proud to announce the purchase of a Zeiss Clarus 500 ultra wide-angled fundus camera. The camera is used in the SSMH Eye Clinic to provide a detailed view of the back of the retina for diabetic retinopathy. The fundus camera is a useful tool in diagnosing and helping our diabetic patients and patients with other retinal diseases and conditions. The fundus camera was purchased through a grant by our Diabetes Program.

Fundus photography documents the retina, the neurosensory tissue in our eyes which translates the optical images we see into the electrical impulses our brain understands. The retina can be photographed directly as the pupil is used as both an entrance and exit for the fundus camera’s illuminating and imaging light rays. An ophthalmic photographer focuses and aligns the fundus camera. Ophthalmologists use these retinal photographs to follow, diagnose, and treat eye diseases. A typical fundus photo would contain an image of the center of the very back inner wall of the eye — the retina. The optic nerve, macula and main retinal blood vessels are common structures seen in a fundus photo.
Village Health Services

As the only critical access hospital in the Arctic Slope region, SSMH providers offer medical oversight and preceptorship training for the North Slope Borough (NSB) Community Health Aide Program (CHAP). CHAPS are often the only primary care providers serving vital roles in the health and well-being of our residents.

This year, the SSMH village health expanded the medical care team to include primary care providers, physician assistants, and case management support. On a daily basis, this team works closely with the NSB CHAPs to coordinate care and referrals between the village clinics, SSMH, and the Alaska Native Medical Center (ANMC).

The Specialty Clinics have also broadened services across the region with Pediatric and Podiatry Clinics traveling to the villages.

Social Services

The Social Services Department administers programs for residents throughout the North Slope, including job placement, higher education scholarships, adult vocational training, family preservation, Indian Child Welfare assistance, preventative behavioral health services, tribal childcare, elder care, medical and burial assistance. ASNA Social Services collaborated with Diabetes Prevention to provide activity programs throughout the year, which included Baby & Me, dance classes, Zumba, Kids in the Kitchen, and Fitness Boot Camp.
Physical Therapy

The SSMH Physical Therapy Department is staffed with three physical therapists, a physical therapist assistant, and two physical therapist technicians. The staff are here to assist patients of all ages, from infants to elders, in healing most ailments or injuries. They treat a variety of conditions, including chronic pain, musculoskeletal disorders, post-surgical, and neurological conditions. Physical Therapy services cover outpatient, inpatient, and “swing-bed”, which allows a patient to stay in the hospital and get physical therapy while recovering from an illness or surgery.

The department has a wide variety of specialized equipment, including a NuStep, treadmill, recumbent bicycle, and upper extremity ergometer. In addition, the department has a variety of tools used to challenge balance, strengthen weak muscles, and improve posture. There are many therapies to help alleviate chronic and acute pain, such as trigger point dry needling, electrical stimulation, therapeutic ultrasound, and cold or hot packs.
**Nursing**

Babies Delivered: **19**  
Prenatal Care Expectant Families: **122**  
Specialty Clinics Offered: **85**  
Primary Care Visits: **11,350**  
Inpatient Admissions: **249**  
ER Visits: **8,273**

**Imaging**

Dexa: **40**  
X-Ray: **3,462**  
CT Scans: **1,244**  
Mammograms: **355**  
Ultrasounds: **1,050**  
Low Dose CT: **75**
Dental
Dental Patient Visits: 9,212
Dental Procedures: 30,764
Sealants/Preventative Resin: 5,825
Fluoride Treatments: 4,911

Social Services
Families served for CCDF Program: 64
Average monthly children served monthly: 33
Total children served for the year 2019: 80
Family Preservation/Food Assistance served: 57

Lab
Chemistry test and panels: 21,665
Urine assays and panels: 5,051
Hematology assays and panels: 7,347
Transfusion Services test and panels: 121
Microbiology procedure: 2,246
Specialty test (PCR Strep A & B): 1,397
Send Out procedures: 7,753
POC test and panels: 3,196

Midnight Sun Coffee Shop
Transactions: 60,643

2004
President/CEO, Eben Hopson Jr.; Chairman, Joseph Upicksoun; Vice President, Herman Kignak Sr.; Treasurer, Percy Nusunginya; Secretary, Bernice Kaigelak; Caroline Cannon, June Childress, Allen Upicksoun, Susie Akootchook
RECOGNITION OF OUTSTANDING EMPLOYEES

2019 Employee of the Year Amber Leavitt-Hopson

Amber Leavitt-Hopson was selected by the ASNA Administration as the recipient of the 2019 Employee of the Year Award. Amber was also recognized for reaching her 5-year milestone with ASNA.

Rightfully promoted to Housekeeping Supervisor this past year, Amber excelled in the new role. With attention to detail and strong work ethic, Amber and the housekeeping staff go above and beyond the call of duty to ensure excellent environmental services at the hospital for the patients and employees.

Nominated and celebrated by peers, Amber upholds the mission of ASNA and the core Inupiat Values by which ASNA is guided. Congratulations on a well-deserved honor, Amber!

» 2014 Audrey Saganna
» 2015 Joan Gaela
» 2016 Cynthia Nethercott
» 2017 Hermie Romero
» 2018 Becky Andrew
» 2019 Amber Leavitt-Hopson

Empowering OUR PEOPLE

2005
President/CEO, Eben Hopson Jr.; Chair, Joseph Upicksoun; Vice President, Herman Kignak; Treasurer, Percy Nusunginya; Secretary, Bernice Kaigelak; Danny Hugo Sr., June Childress, Caroline Cannon, Allen Upicksoun, Alice Agiak

2006
President/CEO, Eben Hopson Jr.; Chairman, Herman Kignak Sr.; Vice Chairman, Caroline Cannon; Treasurer, Bernice Kaigelak; Secretary, June Childress; Lillian Lane, Thomas Olemaun, Justus Mekiana Jr., Allen Upicksoun, Susie Akootchook

From left to right: Lillian Lane, Thomas Olemaun, and Justus Mekiana Jr.
Employees Reaching Milestones with ASNA

We are proud of all our employees’ longevity as it exemplifies the goal of sustainability and embodies the mission and vision of ASNA.

5 YEARS
Mary Erjoy Malijan / Katie Akpik / Rowell Manalang / Lailanie Nobleza Rosemarie Perez / Xius Jucutan / Amber Leavitt-Hopson / Alisi Mafi Renata Nobleza / Andres Librado / Fifita Tuai / Amanda Stein / Barbara Medlin Aubrey Amistoso / Ilaisaane Tuai / Maria Tuazon

15 YEARS
Taya Saxton / Joan Gaela

20 YEARS
Marie Carroll

Samuel Simmonds Memorial Hospital Celebrates National Nurses Week

ASNA joined the American Nurses Association in celebrating National Nurses Week, which is recognized every year during the week of May 6-12. National Nurses Week is a time for everyone – individuals, employers, other health care professionals, and community leaders – to recognize the vast contributions and positive impact of America’s four million registered nurses. Each year the celebration ends on May 12, Florence Nightingale’s birthday.

Florence Nightingale was considered the founder of modern nursing. Nightingale served as a volunteer nurse during the Crimean War and became known as “The Lady with the Lamp” as she made patient rounds at night. The Nightingale School for Nurses, which opened in 1860, is credited as the first training program for nurses.

In honor of the dedication, commitment, and tireless effort of our nurses, ASNA is proud to recognize the quality work they provide seven days a week, 365 days a year. We want to commend all of our Nurses for the work you do in moving the ASNA mission forward by promoting the health and well-being of the people of the Arctic Slope. Your tireless work and expertise cannot be understated and we thank you for all you do!
SSMH Sunshine Award, Certified Nurse Assistant Sarah Hopson

The Sunshine Award recognizes the care team supporting and working closely with the nursing staff to provide patients with the compassion and care they need. The Samuel Simmonds Sunshine Award is dedicated to non-nursing caregivers, including patient care technicians and other vital team members.

Sarah’s patient nomination stated, “She has all it takes to go far in her chosen profession. We did not interact very long, but my status as someone beyond my current bundle of symptoms, was very important to her. I felt like a human person and a special individual. Thank you, Sarah!”

The DAISY Foundation Award, Registered Nurse Stacey Lucas

The DAISY Award is a nation-wide program that recognizes nursing excellence and the compassionate care given by nurses every day. Samuel Simmonds Memorial Hospital is proud to be a DAISY Award hospital to honor the extraordinary work nurses do for patients and their families.

Stacey’s nomination from a patient included, “Her lovely voice was very calming. She was very gentle with me. Because of her, I am not afraid to be admitted anymore.”
ASNA Leadership Scholarship Awardees

ASNA is proud to announce the recipients of the 2019 Guy Okakok, Sr. Leadership Award: Samantha Wade and Jenessa Oviok.

Samantha is from Wainwright, Alaska. She is pursuing her undergraduate degree in Biological Sciences at University of Alaska Fairbanks.

Jenessa is from Utqiaġvik, Alaska. She is pursuing her undergraduate degree in Psychology at the University of Alaska Fairbanks.

The Guy Okakok, Sr. Leadership Award was established in 2015 in recognition of ASNA’s 50th Anniversary. It was named after one of the ASNA founders, Guy Okakok, Sr., who championed the rights of Alaska Natives. The purpose of the award is to provide academic scholarships to eligible North Slope tribal members who are interested in post-secondary health care, social services, or health-related certificate programs. Scholarship awardees receive a one-time issuance of $2,500 per semester or $5,000 per academic year, based on financial need.
Internship Program Promotes Long-Term Opportunity

ASNA hires 10-12 interns every summer for a wide variety of positions and opportunities for our 10-week Summer Intern program. Interns are placed throughout the organization based on their interest and experience. The following interns were hired to work in these prospective departments: Jenessa Oviok, Administration; Ynelle Nobleza, Human Resources; Trevor Mongoyak, Information Services; LenaMarie Belgarde, Revenue Cycle; Sydney Panamarioff, Social Services; Lillian Kippi, Quality; Jalen Tracey and Sebastian Sias, Facilities; and Raena Sarren, Dietary.

In addition to the interns’ regular job duties, they were actively involved in hosting community health and wellness activities.
Spotlight on Homegrown Talent

Isabel Edwardson-Nay

Isabel Edwardson-Nay is from Utqiaġvik, Alaska, and returned back home in September of 2019. She previously lived in the beautiful interior community of Anaktuvuk Pass, Alaska.

Isabel is a Registered Nurse. Isabel received her Bachelor of Science degree in Nursing from the University of Alaska-Anchorage. Working at SSMH, Isabel is currently a Nurse Manager in Primary Care, assisting our providers and helping with patient care coordination and navigation. Isabel is proud to return home to serve her community as a nurse. Welcome home, Isabel!
Medical Travel and Funeral Assistance (MTFA)

Some of the most difficult decisions to make in health care involve how to pay for access to the services you need and where to get help when someone we love passes on. The Medical Travel and Funeral Assistance (MTFA) Program supports the traditional Iñupiat values of compassion, cooperation, and love and respect for one another.

Arctic Slope Regional Corporation (ASRC) and North Slope Borough (NSB) have granted funds to ASNA to manage the MTFA Program. MTFA provides aid to ASRC shareholders and residents of the North Slope Borough in medical or funeral crises when no other alternative funds are available to pay for such services.

The MTFA program serves the communities of Anaktuvuk Pass, Atqasuk, Kaktovik, Nuiqsut, Point Hope, Point Lay, Utqiaġvik and Wainwright.

KBRW’s Drive to Thrive

As part of KBRW’s Drive to Thrive, ASNA received $2,835 in phone pledges during our time slot. KBRW is vital to residents on the North Slope for local news, entertainment, weather, the weekly ASNA Radio Hour, and more. Trina Paul, community engagement specialist, organized and hosted the ASNA portion of the event. ASNA also provided additional incentives such as a hat, thermos, and backpack.

We want to express our appreciation to the ASNA volunteers for their help in making ASNA’s portion of the “Drive to Thrive” a success.
ASNA Social Services Family Fun Activities

Social Services staff traveled to every North Slope village to host community wide activities for families. Daytime events started with program outreach — the staff worked closely with the tribes, the schools, and local governments to decide on the best activity based upon each community’s interests.

These activities are an important part of building strong family ties. When families have fun together, they build bonds; traditions often are developed or passed down. There are numerous studies of “Family Time” and how well-spent time together help improve behavior, lowers stress and strengthens bonds. The events were very popular and often times the whole village joins!

Social Services was pleased to host family fun activities in all the villages.

» Atqasuk-Capture the Flag / Smoothie Making / Berry Picking
» Barrow-Easter Social / Eskimo Baseball / Halloween Night
» Nuiqsut-Laser Tag / Movie Night
» Anaktuvuk Pass-Cookie & Cupcake Decorating
» Point Hope-Ice Cream Social
» Point Lay-Mother’s Day Crafting
» Kaktovik-Cookie & Cupcake Decorating
» Wainwright-Laser Tag / Smoothie Making / Capture the Flag
PREVENTION AS A FIRST STEP

Tobacco Cessation

In an ongoing partnership with the ANTHC and the NSB, ASNA provides a support network to patients who want to quit using tobacco. Together we created a brochure for the North Slope region to encourage smokers to quit and to identify the resources available when a smoker is ready to quit. The goal was to make the process easier to seek guidance, locate support services, and increase successful tobacco cessation in our region.

You Matter: Suicide Awareness

ASNA and the NSB Prevention Crew hosted a walk for suicide prevention. The community was encouraged to join the support for those affected by suicide. Together the organizations visited the students at Barrow High School promoting the activity “Why Tomorrow Needs Me…” ASNA provided yellow ribbons (the symbol for suicide awareness) to the participants. Both of the events promoted important information about suicide prevention.
Walking Wednesday

ASNA proudly hosts ‘Walking Wednesday’ every year in partnership with the NSB Health Department. This year we hosted the walk on August 14 with approximately 50 participants. Following the mile hike around campus, our team served healthy to-go lunches and water.

ASNA encourages community members to develop healthy lifestyles and promote daily wellness activities. Walking just 30 minutes a day can lower your risk of chronic illnesses, help you maintain a healthy weight, and strengthen your heart.

7th Annual Diabetes Prevention Family Fun Run

The SSMH Diabetes Program hosted their seventh annual Family Fun Day and Fun Run/Walk in January at Ipalook Elementary School. In addition to the Fun Run/Walk, there were booths for the community to enjoy. Yoga, massage therapy, carnival games, helmet safety, Potter the Otter / food tasting, and smoothie bikes were just a few of the activities available during the Family Fun Day. SSMH staff also tested for diabetes risk, blood pressure and body composition. The SSMH Diabetes Program wants to thank everyone that attended!

In addition to the annual Fun Day, SSMH’s Diabetes Program partners with many local groups on the North Slope such as Kids in the Kitchen, Arctic Women in Crisis, the Boys and Girls Club, the NSB Mayor’s Summer Youth Program and the Village Circus Camp. These community partnerships are vital to encouraging a healthy lifestyle and educating the community about the effects of diabetes.

From left to right: Anna Nageak and Samuel Kunaknana
In REMEMBRANCE

2016
President/CEO, Marie Carroll; Chair, Thomas Olemaun; Vice Chair, Doreen Leavitt; Treasurer, Nancy Rock; Secretary, Isabel Nashookpuk; Sergeant at Arms, Anna Nageak; Herman Kignak Sr., Hazel Kunaknana, Lloyd Pikok

Above, left to right: Doreen Leavitt, Hazel Kunaknana, and Lloyd Pikok
ASNA would like to remember a beloved employee, Lilly Katuk Miller.

Our beloved friend, coworker, mother, wife, daughter and devoted member of the community, Lilly passed away on September 10, 2019.

Lilly started as a Human Resources Generalist at Samuel Simmonds Memorial Hospital in January 2016. She later became a Patient Access Representative until her passing in September 2019. She was born and raised in Utqiaġvik, Alaska. Lilly graduated college with an Associate of Applied Science degree in Business and Administration at Iḷisaġvik College.

Lilly was a very thoughtful individual with a heart of gold radiating love and kindness to those around her, especially her family, whom she loved dearly. She was full of humility and grace, making her an outstanding employee, friend, and family member. She was a sweet and wonderful soul, always smiled and gave warm hugs.
From left to right: Anna Nageak, Hazel Kunaknana, Muriel Brower, Isabel Nashookpuk, Marie Carroll, Bernice Kaigelak, Nancy Rock, Molly Ahkitvgak, and Gwendolyn Pikok
Quyanaq!

As we reflect on the growth and accomplishments of our organization in 2019, we extend our heartfelt quyanaqpak to those who made it possible. It is because of the leadership of our board of directors, administration, hospital administration, physicians, nurses, and support staff that we are able to ensure that the people of the Arctic Slope are healthy and content.

We are thankful to the tribal councils for their support: Naqsraqmiut Tribal Council, Native Village of Atqasuk, Native Village of Barrow, Native Village of Kaktovik, Native Village of Nuiqsut, Native Village of Point Hope, Native Village of Point Lay, and Wainwright Traditional Council. In addition, thank you to the North Slope Borough, Arctic Slope Regional Corporation, Alaska Native Tribal Health Consortium, Arctic Slope Community Foundation, skw Eskimos Inc., Rasmuson Foundation, Alaska Children’s Trust, North Slope Borough School District, Ilisaġvik College, and our community partners. We look forward to our continued success in 2020.
## Income Statement

### Operating Revenue

<table>
<thead>
<tr>
<th>Description</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant and contract revenue</td>
<td>$47,915,892</td>
<td>$44,478,186</td>
<td>$43,572,221</td>
</tr>
<tr>
<td>Patient service revenue, net</td>
<td>31,576,348</td>
<td>31,953,329</td>
<td>26,841,285</td>
</tr>
<tr>
<td>Other</td>
<td>1,119,528</td>
<td>1,051,953</td>
<td>937,256</td>
</tr>
<tr>
<td><strong>Total Operating Revenue</strong></td>
<td><strong>80,611,768</strong></td>
<td><strong>77,483,468</strong></td>
<td><strong>71,350,762</strong></td>
</tr>
</tbody>
</table>

### Operating Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and fringe benefits</td>
<td>48,768,605</td>
<td>42,521,862</td>
<td>37,865,246</td>
</tr>
<tr>
<td>Contractual and professional services</td>
<td>9,272,946</td>
<td>9,111,220</td>
<td>9,282,200</td>
</tr>
<tr>
<td>Depreciation</td>
<td>6,728,545</td>
<td>7,176,625</td>
<td>7,060,711</td>
</tr>
<tr>
<td>Supplies</td>
<td>6,616,048</td>
<td>5,243,446</td>
<td>4,330,616</td>
</tr>
<tr>
<td>Direct assistance payments to individuals</td>
<td>3,642,263</td>
<td>3,751,917</td>
<td>2,683,003</td>
</tr>
<tr>
<td>Travel and per diem</td>
<td>1,816,177</td>
<td>1,840,649</td>
<td>1,855,875</td>
</tr>
<tr>
<td>Other</td>
<td>6,783,922</td>
<td>6,504,761</td>
<td>6,286,863</td>
</tr>
<tr>
<td><strong>Total Operating Expenses</strong></td>
<td><strong>83,628,506</strong></td>
<td><strong>76,150,480</strong></td>
<td><strong>69,364,514</strong></td>
</tr>
</tbody>
</table>

### Operating Income

<table>
<thead>
<tr>
<th>Description</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operating Income</strong></td>
<td>(3,016,738)</td>
<td>1,332,988</td>
<td>1,986,248</td>
</tr>
</tbody>
</table>

### Net Non-Operating Revenues

<table>
<thead>
<tr>
<th>Description</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interest revenue (expense)</td>
<td>(158,024)</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Gain on sale of capital assets</td>
<td>53,230</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Capital contributions</td>
<td>9,973,939</td>
<td>2,201,421</td>
<td>—</td>
</tr>
<tr>
<td>Investment income</td>
<td>1,455,659</td>
<td>1,603,526</td>
<td>2,373,386</td>
</tr>
<tr>
<td><strong>Change in Net Position</strong></td>
<td><strong>8,308,066</strong></td>
<td><strong>5,137,935</strong></td>
<td><strong>4,359,634</strong></td>
</tr>
</tbody>
</table>

Net position at beginning of year

<table>
<thead>
<tr>
<th>Year</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
<td>209,388,326</td>
<td>204,250,391</td>
<td>199,890,757</td>
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</tbody>
</table>

**Net Position at End of Year**

<table>
<thead>
<tr>
<th>Year</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
<td>217,696,392</td>
<td>209,388,326</td>
<td>204,250,391</td>
</tr>
<tr>
<td>ASSETS</td>
<td>2019</td>
<td>2018</td>
<td>2017</td>
</tr>
<tr>
<td>------------------------------</td>
<td>------------</td>
<td>------------</td>
<td>------------</td>
</tr>
<tr>
<td>Current assets</td>
<td>$24,987,565</td>
<td>21,652,148</td>
<td>18,161,427</td>
</tr>
<tr>
<td>Investments</td>
<td>32,480,689</td>
<td>31,027,300</td>
<td>29,509,697</td>
</tr>
<tr>
<td>Capital assets, <em>net of accumulated depreciation</em></td>
<td>176,743,342</td>
<td>165,349,978</td>
<td>163,780,500</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>234,211,596</strong></td>
<td><strong>218,029,426</strong></td>
<td><strong>211,451,624</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Current liabilities</td>
<td>16,515,204</td>
<td>8,641,100</td>
<td>7,201,233</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NET POSITION</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net investment in capital assets</td>
<td>174,515,423</td>
<td>164,283,814</td>
<td>163,569,397</td>
</tr>
<tr>
<td>Unrestricted</td>
<td>43,180,969</td>
<td>45,104,512</td>
<td>40,680,994</td>
</tr>
<tr>
<td><strong>TOTAL NET POSITION</strong></td>
<td><strong>$217,696,392</strong></td>
<td><strong>209,388,326</strong></td>
<td><strong>204,250,391</strong></td>
</tr>
</tbody>
</table>