

## Press Release

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### Thirty on the North Slope test positive for COVID-19

**December 7, 2020 - Utqiagvik, Alaska:** (New cases) Through the weekend, including up to 12:00pm today, the Arctic Slope Native Association has been notified that thirty (30) individuals on the North Slope have tested positive for COVID-19. Twenty-eight (28) of the individuals are residents of Utqiagvik, and two (2) of the individuals are residents of a North Slope community. The individuals have been instructed to self-isolate.

Samuel Simmonds Memorial Hospital (SSMH) and the North Slope Borough Health Department are in contact with the individuals, and will continue to provide monitoring if on slope. The North Slope Borough contact tracing team will continue to reach out to individuals who may have been exposed and will provide additional information on appropriate precautions. *The medical team at SSMH strongly recommends that residents participate in COVID-19 testing especially if experiencing symptoms. Individuals experiencing symptoms should call SSMH COVID-19 Hotline at 1-833-852-4622. Other recommendations to prevent the spread include: stay 6 feet apart from other people, limit social contact, wear a facemask in public, and wash hands frequently.*

(Recovered cases) Eighteen (18) North Slope residents have met the CDC guidelines and have been released from isolation.

(Active cases) Currently, there are one hundred twenty (120) active cases, including non-residents, in the Arctic Slope region.

(Hospitalizations & Deaths) Currently, there are five (5) hospitalizations at SSMH; with cumulative total of twenty-two (22) hospitalizations to date.

(Cumulative total) The North Slope Borough has a cumulative total of five hundred thirty-six (536) resident cases to date.

SSMH is committed to providing COVID-19 testing for anyone in the community who believes they may have been exposed, and encourages the community to continue practicing precautionary measures to prevent the spread of the disease. Please be aware that several North Slope communities have recently implemented travel restrictions. If you need testing prior to traveling, please contact the SSMH COVID-19 Hotline at 1-833-852-4622.

Testing is available every day from 8am until 7pm at the old North Slope Borough Transit Station facility at 1710 Ahkovak Street, located near the airport. This location will accommodate testing for each in-bound Alaska Airlines flight, as well as drive-thru capability. The tests are available with no out-of-pocket costs, and may be repeated every seven (7) days.

SSMH activated its incident command structure on March 16 to manage the COVID-19 pandemic in the region. SSMH is also working with the North Slope Borough Emergency Operations Center, North Slope Borough Health Department, and is communicating daily with regional community leaders.

This situation further emphasizes the importance of following recommendations of social distancing and safe hygiene practices. SSMH strongly recommends residents to limit the amount of non-essential activities and day-to-day social interactions. Additionally, anyone who must leave their home, is encouraged to wear a facemask in public.

SSMH has recommendations for its regional patients experiencing symptoms of COVID-19. The following symptoms may appear 2-14 days after exposure:

- Cough
- Fever
- Shortness of breath
- Fatigue
- New-onset diarrhea
- Loss of smell or taste

If you are experiencing symptoms please contact the SSMH COVID-19 Hotline at 1-833-852-4622 with any questions. If you live in Utqiagvik, you may be able to use the Drive-thru testing option. If you are in a village, please contact your local clinic to arrange testing and notify clinic staff before your arrival. Testing is open to any individual requesting it, regardless of symptoms or travel history.

Please continue to follow the Center for Disease Control (CDC) recommendations for protecting yourself against COVID-19 by practicing social distancing and washing your hands frequently. More information on protecting yourself can be found at <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

For additional precautionary information on travel safety guidelines, please follow the attached link from Alaska Airlines at <https://www.alaskaair.com/content/advisories/coronavirus>

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